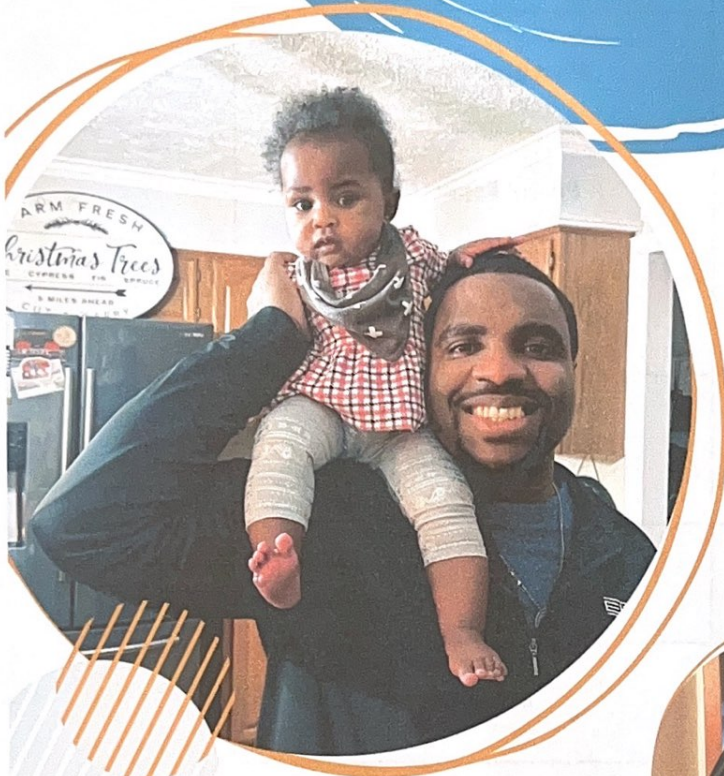


The Parent Engagement Center presents...

MONTHLY PARENT INFORMATION SESSIONS



**FOR INQUIRIES, GIVE US A CALL AT:
(216) 417-5061**

Registration is not required, but preferred, for these free monthly 90-minute sessions.

*Please Note Topic is Subject to change without notice, No one is admitted to enter after 9:45 am.

Email: parentengagementcenter@gmail.com

Website: www.theparentengagementcenter.org

THE PARENT ENGAGEMENT CENTER TOPICS INCLUDE:

August 26, 2023	EVERYBODY is going Back to School
September 30, 2023	What grade are you in?
October 28, 2023	Parent Report Card
November 18, 2023	Venting & Validation
December 16, 2023	Chain of Command (meeting to achieve results)
January 27, 2024	Permission to Parent
February 24, 2024	Boundaries
March 23, 2024	Prepping for Summer
April 20, 2024	Isn't all Education Special
May 25, 2024	My Child's Champion DAD
June 22, 2024	My Child's Champion MOM

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Parenting My Way

Topic 1	Introduction – getting to know parent & child	Initial session with parents and takes at least 2 hours. Time is spent getting to know the parent & children and observing parent interaction with the children.
Topic 2	Ages & Stages of Development – age-appropriate behavior and expectations	Ages and stages of development are discussed with the parent. Moving into discussion on age-appropriate behavior and expectations for the children in the family. Diving deeper into what can impact children’s behavior, especially trauma, loss of relationships, trust and etc.
Topic 3	Understanding and loving a strong-willed child	In this session parents are assisted in understanding that their child needs to be loved in spite of their behavior. Building on the previous session, parents are assisted in exploring when they first noticed the acting out behavior and possible causes. Ways to redirect, impact and influence changes in behavior are discussed including a plan of action. Ways to reduce the back and forth arguing, debating, negotiating with their children will be introduced.
Topic 4	Communication – Listening	Types of communication, verbal and non-verbal, are explored and discussed. Parents are assisted in understanding that listening is a big part of communication. A focus on listening to learn rather than listening to respond. Age appropriate and inappropriate language use are explored. Parents are assisted in identifying their own style of communication and if it needs adjusting.
Topic 5	Expectations	Building on ages and stages of development parental expectations of children will be revisited. Parents will be assisted in understanding appropriate age and developmental expectations of children in their homes. Expectation (and responsibilities) of parents will also be explored. This will include a deeper dive into educational expectation and responsibilities of the parent.
Topic 6	Boundaries	In this session parents learn how to set and stick to boundaries with their children. This will include a continuation of the discussion ways to reduce the back and forth arguing, debating, negotiating with their children. Natural consequences, choices and influencing positive behavioral changes are also addressed. Outside influences, such as the other parent, well-meaning family and friends, their relationship and impact on the family discussed.
Topic 7	Active Supervision	Age appropriate supervision and safety is discussed in this session. This will include an overview of first aid. A family safety plan will be created including emergency contacts. Supervision at home and in the community will be discussed and plans developed as needed.
Topic	Additional areas to be explored as needed	
Topic 8	Putting it all together	This will be the last session. A review of all topics will be discussed to insure that parents have a clear understanding and are comfortable practicing the tips and techniques that have developed throughout the sessions.

The first and most difficult step is to call ...
 THE PARENT ENGAGEMENT CENTER
 (216) 924-6366 PARENTENGAGEMENTCENTER@GMAIL.COM

Parenting My Way

Meetings with parents are held weekly but covered topically. Some topics may take more than one week to complete.

Sessions are a minimum of two hours.

Parents will be provided community resources that are identified as supports and assistance for their specific families. It will be the responsibility of the parent to follow up with the suggested resources.

Parents are expected to TRY to make changes in their own behavior and parenting styles.

If and when children are present during sessions, parents are expected to continue parenting. If redirection, behavior correction needs to be addressed, parents should address it. Sometimes that can be as simple as saying to the child "we will discuss this later".

CANCELLATION –

If there is a need to cancel, parents are expected to call, email or text no less than 24 hours prior to the scheduled session. If cancellation occurs with less than 24-hour notice, there is a \$50 cancellation fee. The next session will not be scheduled until the fee is paid. Cancellation fee is the responsibility of the client not the referring agency.

Cheryl Mays

Cheryl Mays, MSW, LSW

Founder

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291 EAST 222ND STREET, Suite 103 ~ EUCLID, OH 44123
(216) 417-5061

1. Boundaries This workshop assists parents in identifying boundaries with their children (adult and minor) family and friends. Parents are provided tips and tools to develop or strengthen them.
2. Permission to parent This workshop provides tools to parent identify and reinforce their authority in their homes and their children's lives.
3. Parenting Out of Control Kids This workshop provides participants tools to determine if they have an out-of-control child and what they can do assist their child in regaining control of themselves.
4. What grade are you in? This workshop provides suggestions, tools and supports for parents based on their child's grade level. It teaches parent how to return the grade that their child or children are currently in. The goal - increasing the child's opportunity for academic success.
5. Parent Report Card This workshop provides parents an opportunity to take a snapshot of themselves as a parent. Parents will be provided tools that will allow them to applaud themselves and identify areas to work on.
6. Venting & Validation This workshop assists parents in understanding the appropriate times and places for venting and seeking validation. Parents will practice both.
7. Chain of Command (meeting to achieve results) This workshop assists parents in understanding how to responsibly exercise their rights. Primary focus will be on parental responsibilities. Parents will learn skills in advocating for themselves and their families.
8. Grief & Loss* Guide parents through an understanding of grief & loss, not just loss of life but also loss of relationships: How it affects you, your family, your child and other relationships.
9. Peer to Peer ~ Parent to Parent * This workshop is geared toward parents of children in foster care and other of home placements.
10. The Parent Project* This workshop provides participants tools to determine if they have an out-of-control child and what they can do assist their child in regaining control of themselves.
11. I'll whip my child if I want to This workshop takes a different approach to address child abuse. Providing parents alternatives to spanking. Parents learn corrective actions that teach rather diminish a child's a growth and trust.

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12. My child bet' not come out the closet This workshop assists parents an understanding of "child (person) first relationships. Parent will be given an overview of the struggles of "coming out" as a gender contrary to their birth. Parents will be assisted in recognizing the love for their child no matter what their sexual orientation.
13. Blended families This workshop assists parents in understanding blended families and the value, cheers and challenges of being a blended family. Blended families also include same sex couples.
14. Isn't all education special, what's the difference? This workshop provides parents an overview of "Special Education". This overview includes parental rights and responsibilities. Parents are provided resources to assist with their child in the process. Heavy emphasis is placed on parent responsibility and engagement.
15. Parenting after an absence This workshop focuses on parenting after incarceration or just being absent from your child's life.

*These workshops are offered as a series.